



Lacrosse and Recreation Camp (Ages 9-15)

Week 3 and 6 (Boys)

Week 4 (Girls)

8 am - 4:30 pm \$205/week (\$175 Week 3)

OR 8:45 – 11:45 am \$105/week (\$90 Week 3)

Location: Brandon Way

Featuring “Built-in” before and after care for your convenience 6:30 am – 6:30 pm. Note that campers will participate in supervised, self-directed, unstructured activities during before and after care hours.

Learn the basics of lacrosse from cradling to passing and get ready to compete with instruction in cutting, shooting, and dodging. Intermediate/Advanced players focus on position, specific skills, and offensive/defensive strategies.

Full Day campers please bring lunch and swim suit. In the afternoon the full day campers will be transported back to the Freedom Center where they will have lunch and enjoy other structured activities including going to the pool each day. Bring a lacrosse stick and a mouth guard.

Half day parents please drop off and pick up at Brandon Way field at the given time. Please pack a snack, water bottle and sunscreen. Bring a lacrosse stick and a mouth guard.

Please note that the morning sessions of Baseball, Lacrosse, Soccer, Tennis, Football, and Disc Golf are held outdoors and will be moved indoors only under extreme heat, weather, or other environmental conditions and/or if field or court surfaces are unsuitable for play

Directions to Brandon Way can be found on the main camp page under Specialty Camp Directions.