



NEW! Recreation with Motion Camp (Ages 7-12)

WEEK 10 IS FULL!!

Weeks 1-10 9 am - 4:30 pm \$190/week (\$160 Week 3)

Featuring "Built-in" before and after care for your convenience 6:30 am – 6:30 pm. Note that campers will participate in supervised, self-directed, unstructured activities during before and after care hours.

Recreation Camp focuses on physical development through athletics. Stressing both individual achievement and teamwork, we encourage youngsters to participate in a variety of sports and physical games, as well as promote skill development in sports they have played previously. Activities include a selection of sports and games picked by the campers along with the direction of their counselors that include but are not limited to basketball, volleyball, football, soccer, lacrosse, obstacle course, relay races, capture the flag, dodge ball, and much more. Campers participate in educational sessions with fitness trainers, nutrition specialists, and area athletes. Recreation Camp also includes special events and weekly field trips. A newsletter will be going home each week explaining our field trips, activities during the week and any other need to know information. Also included is a free t-shirt for each camper - only one per camper per summer.

Please note that enrollees in Recreation with Motion Camp must have copies of a recent physical and immunization records and a birth certificate on file at the Freedom Center in order to participate in the camp.

Campers should bring a swimsuit, towel, lunch, snacks and sunscreen each day.