

Competition Pool Schedule: 11/21-11/27

Tuesday

Time	Ladder								Ladder								Ladder							
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0		
4:30-5 AM	NCAP 4:45-6:15a; 6 lanes																							
5-5:30 AM	NCAP 4:45-6:15a; 6 lanes																							
5:30-6 AM	NCAP 4:45-6:15a; 6 lanes																							
6-6:30 AM	NCAP 4:45-6:15a; 6 lanes																							
6:30-7 AM	Seton 6:30-7:30a; 14 lanes																2 lanes 6:30-7:30a							
7-7:30 AM	Seton 6:30-7:30a; 14 lanes																2 lanes 6:30-7:30a							
7:30-8 AM																								
8-8:30 AM																								
8:30-9 AM																								
9-9:30 AM																								
9:30-10 AM																								
10-10:30 AM									Deep Water 9:20a-10:20a															
10:30-11 AM																								
11-11:30 AM																								
11:30-12 PM																								
12-12:30 PM																								
12:30-1 PM																								
1-1:30 PM																								
1:30-2 PM																								
2-2:30 PM																								
2:30-3 PM																								
3-3:30 PM	Gainesville HS 3:00-4:00pm																							
3:30-4 PM	Gainesville HS 3:00-4:00pm																Unity Reed HS 3:00-4:00p, 6 lanes							
4-4:30 PM	OCCS 4:00-5:30p; 5 lanes																							
4:30-5 PM	OCCS 4:00-5:30p; 5 lanes								OSBOURN 4:00-5:30p; 4 lanes								NCAP 4:00-5:30; 3 lanes,							
5-5:30 PM	OCCS 4:00-5:30p; 5 lanes								OSBOURN 4:00-5:30p; 4 lanes								NCAP 4:00-5:30; 3 lanes,							
5:30-6 PM	OCCS 5:30-8:30p; 6 lanes																							
6-6:30 PM	OCCS 5:30-8:30p; 6 lanes																							
6:30-7 PM	OCCS 5:30-8:30p; 6 lanes																							
7-7:30 PM	OCCS 5:30-8:30p; 6 lanes																							
7:30-8 PM	OCCS 5:30-8:30p; 6 lanes																							
8-8:30 PM	OCCS 5:30-8:30p; 6 lanes																							
8:30-9 PM	Patriot High School 8:30p-9:30p																BATTLEFIELD 7:30 9:00p; 5 lanes							
9-9:30 PM	Patriot High School 8:30p-9:30p																BATTLEFIELD 7:30 9:00p; 5 lanes							

Competition Pool Schedule: 11/21-11/27

Wednesday

Deep End	Ladder								Ladder								Ladder									
	21	20	19	18	17	16	15	14		13	12	11	10	9	8		7	6	5	4	3	2	1	0		
4:30-5 AM																										
5-5:30 AM	NCAP 5:00-6:30a; 6 lanes																									
5:30-6 AM	NCAP 5:00-6:30a; 6 lanes																									
6-6:30 AM	NCAP 5:00-6:30a; 6 lanes																									
6:30-7 AM	Seton 6:30-7:30a; 3 lanes SWIM; 4 for DIVING																									
7-7:30 AM	Seton 6:30-7:30a; 3 lanes SWIM; 4 for DIVING																									
7:30-8 AM																										
8-8:30 AM																										
8:30-9 AM																										
9-9:30 AM																										
9:30-10 AM										Deep Water 9:20a-10:20a																
10-10:30 AM										Deep Water 9:20a-10:20a																
10:30-11 AM										Deep Water 9:20a-10:20a																
11-11:30 AM										Deep Water 9:20a-10:20a																
11:30-12 PM				Masters 11:30-12:45p							Deep Water 9:20a-10:20a															
12-12:30 PM				Masters 11:30-12:45p							Deep Water 9:20a-10:20a															
12:30-1 PM				Masters 11:30-12:45p							Deep Water 9:20a-10:20a															
1-1:30 PM										Deep Water 9:20a-10:20a																
1:30-2 PM										Deep Water 9:20a-10:20a																
2-2:30 PM										Deep Water 9:20a-10:20a																
2:30-3 PM										Deep Water 9:20a-10:20a																
3-3:30 PM										Deep Water 9:20a-10:20a																
3:30-4 PM										Deep Water 9:20a-10:20a																
4-4:30 PM										Deep Water 9:20a-10:20a																
4:30-5 PM										Deep Water 9:20a-10:20a																
5-5:30 PM										Deep Water 9:20a-10:20a																
5:30-6 PM										Deep Water 9:20a-10:20a																
6-6:30 PM										Deep Water 9:20a-10:20a																
6:30-7 PM										Deep Water 9:20a-10:20a																
6:30-7 PM										Deep Water 9:20a-10:20a																
7-7:30 PM										Deep Water 9:20a-10:20a																
7:30-8 PM										Deep Water 9:20a-10:20a																
8-8:30 PM										Deep Water 9:20a-10:20a																
8:30-9 PM										Deep Water 9:20a-10:20a																
8:30-9 PM										Deep Water 9:20a-10:20a																
9-9:30 PM										Deep Water 9:20a-10:20a																
9-9:30 PM										Deep Water 9:20a-10:20a																

Pool Closed

Competition Pool Schedule: 11/21-11/27

Thursday

Deep End	Ladder								Ladder								Ladder						
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0	
4:30-5 AM	Pool Closed																						
5-5:30 AM																							
5:30-6 AM																							
6-6:30 AM																							
6:30-7 AM																							
7-7:30 AM																							
7:30-8 AM																							
8-8:30 AM																							
8:30-9 AM																							
9-9:30 AM																							
9:30-10 AM																							
10-10:30 AM																							
10:30-11 AM																							
11-11:30 AM																							
11:30-12 PM																							
12-12:30 PM																							
12:30-1 PM																							
1-1:30 PM																							
1:30-2 PM																							
2-2:30 PM																							
2:30-3 PM																							
3-3:30 PM																							
3:30-4 PM																							
4-4:30 PM																							
4:30-5 PM																							
5-5:30 PM																							
5:30-6 PM																							
6-6:30 PM																							
6:30-7 PM																							
7-7:30 PM																							
7:30-8 PM																							
8-8:30 PM																							
8:30-9 PM																							
9-9:30 PM																							

Pool Closed

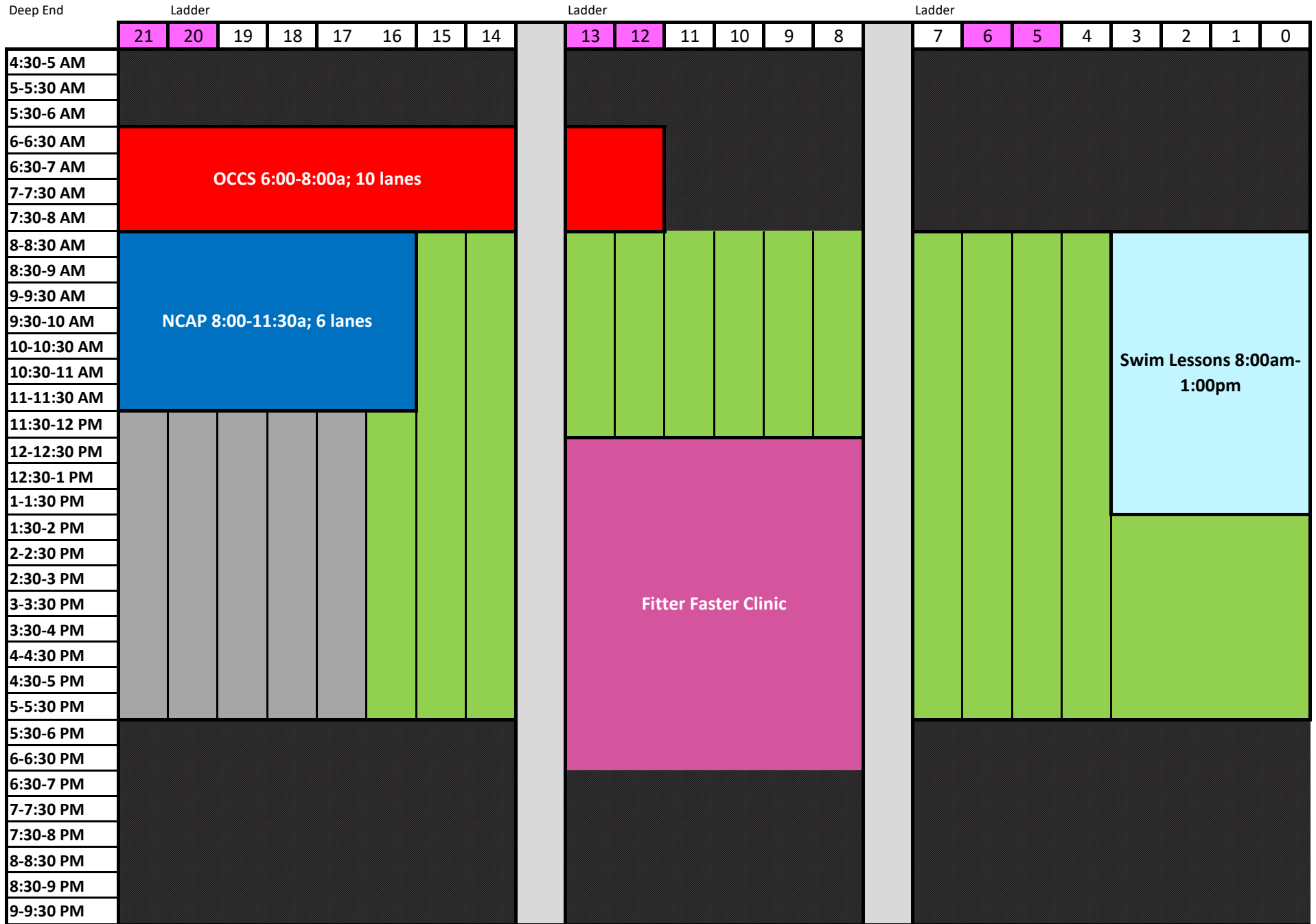
Competition Pool Schedule: 11/21-11/27

Friday

Deep End	Ladder									Ladder							Ladder													
	21	20	19	18	17	16	15	14		13	12	11	10	9	8		7	6	5	4	3	2	1	0						
4:30-5 AM																														
5-5:30 AM																														
5:30-6 AM																														
6-6:30 AM																														
6:30-7 AM																														
7-7:30 AM																														
7:30-8 AM																														
8-8:30 AM																														
8:30-9 AM																														
9-9:30 AM																														
9:30-10 AM																														
10-10:30 AM																														
10:30-11 AM																														
11-11:30 AM																														
11:30-12 PM				Masters 11:30-12:45p																										
12-12:30 PM																														
12:30-1 PM																														
1-1:30 PM																														
1:30-2 PM																														
2-2:30 PM																														
2:30-3 PM																														
3-3:30 PM																														
3:30-4 PM																														
4-4:30 PM																														
4:30-5 PM																														
5-5:30 PM																														
5:30-6 PM																														
6-6:30 PM																														
6:30-7 PM																														
7-7:30 PM																														
7:30-8 PM																														
8-8:30 PM																														
8:30-9 PM																														
9-9:30 PM																														

Aqua Fit
9:30a -10:30a

Masters
11:30-12:45p



Competition Pool Schedule: 11/21-11/27

Sunday

Time	Ladder								Ladder								Ladder							
	21	20	19	18	17	16	15	14	13	12	11	10	9	8	7	6	5	4	3	2	1	0		
4:30-5 AM	Dark Grey																							
5-5:30 AM	Dark Grey																							
5:30-6 AM	Dark Grey																							
6-6:30 AM	Dark Grey																							
6:30-7 AM	Dark Grey																							
7-7:30 AM	Dark Grey																							
7:30-8 AM	Dark Grey																							
8-8:30 AM	Grey				Masters				Pink								Light Green							
8:30-9 AM	Grey				8:00am-9:15am				Pink								Light Green							
9-9:30 AM	Grey				Grey				Pink								Light Green							
9:30-10 AM	Grey				Grey				Pink								Light Green							
10-10:30 AM	Grey				Grey				Pink								Light Green							
10:30-11 AM	Grey				Grey				Pink								Light Green							
11-11:30 AM	Grey				Grey				Pink								Light Green							
11:30-12 PM	Grey				Grey				Pink								Light Green							
12-12:30 PM	Grey				Grey				Pink								Light Green							
12:30-1 PM	Grey				Grey				Pink								Light Green							
1-1:30 PM	NCAP 1:00-2:00p; 6 lanes								Pink								Light Green							
1:30-2 PM	NCAP 1:00-2:00p; 6 lanes								Pink								Light Green							
2-2:30 PM	NCAP 2:00-3:00p; 6 lanes								Pink								Light Green							
2:30-3 PM	NCAP 2:00-3:00p; 6 lanes								Pink								Light Green							
3-3:30 PM	Grey				Grey				Light Green								Light Green							
3:30-4 PM	Grey				Grey				Light Green								Light Green							
4-4:30 PM	Grey				Grey				Light Green								Light Green							
4:30-5 PM	Grey				Grey				Light Green								Light Green							
5-5:30 PM	Grey				Grey				Light Green								Light Green							
5:30-6 PM	Grey				Grey				Light Green								Light Green							
6-6:30 PM	Dark Grey																							
6:30-7 PM	Dark Grey																							
7-7:30 PM	Dark Grey																							
7:30-8 PM	Dark Grey																							
8-8:30 PM	Dark Grey																							
8:30-9 PM	Dark Grey																							
9-9:30 PM	Dark Grey																							